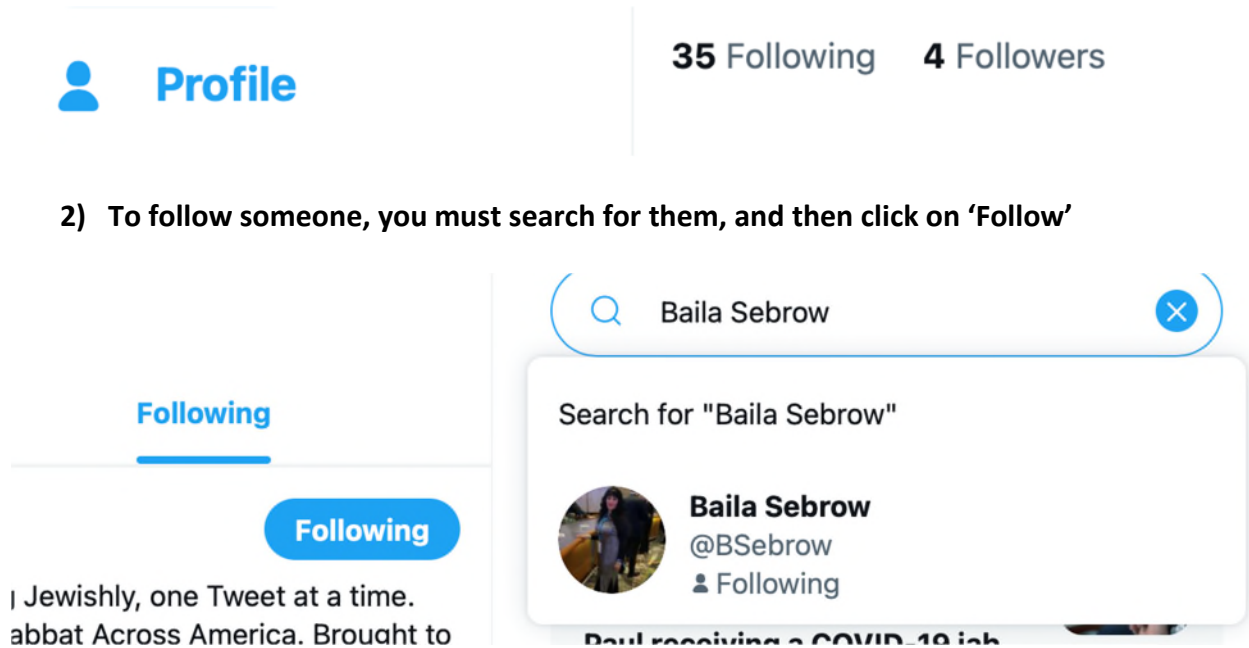
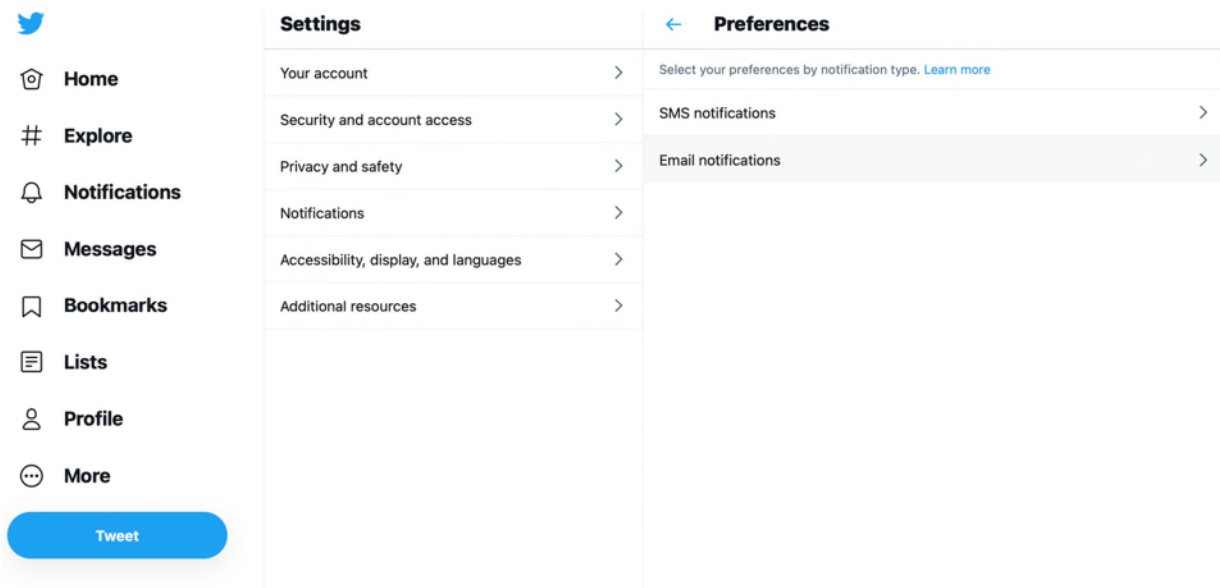
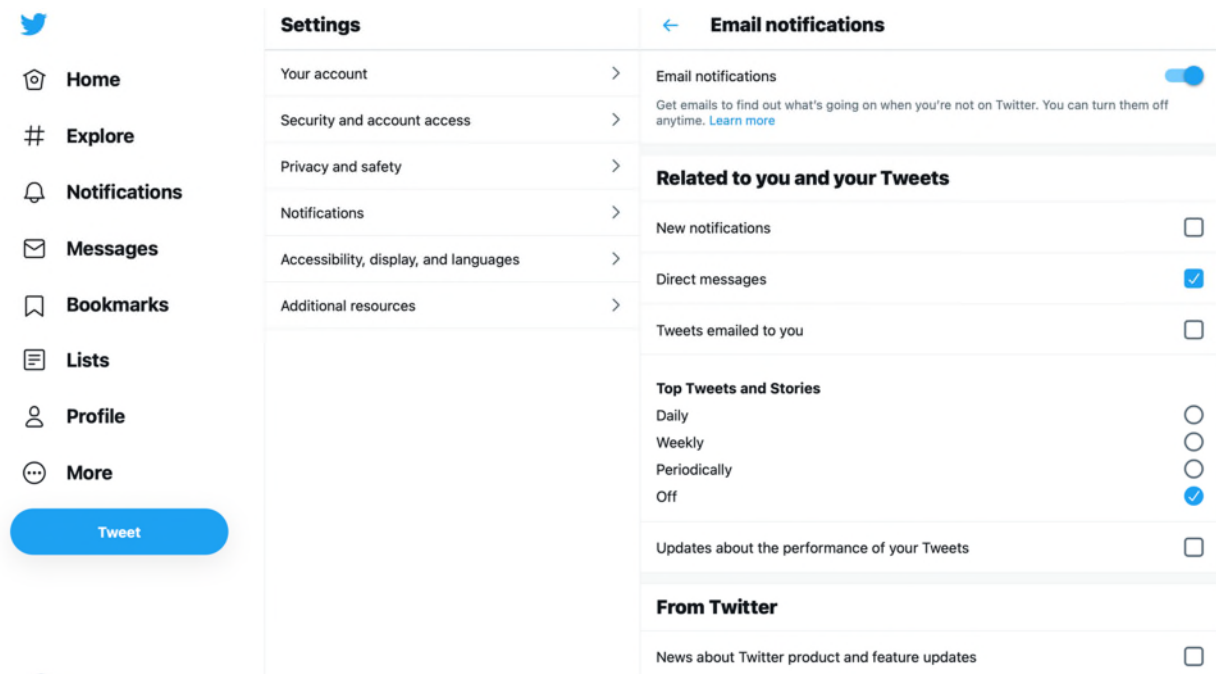


1) Twitter 'Settings' under 'Profile' lists who you are following and who follows you



3) To the receive alerts (including SMS and Email) you must subscribe in 'Notifications'
By default notifications are set to Off





4) To Unfollow, simply click on the user you no longer want to follow



5) All settings are individual to accounts and can only be set by account owner.